



Haslemere • Hindhead • Blackdown
 Saturday, 5th September 2015
 27 miles - 1 day

THE Hammer Bottom Hike

You came and looked and loved the view, long known and loved by me

HBH2015 Entry Form – 5th September 2015

Name						
Address						
Post Code						
Home Tel. No				Mobile No*		
eMail Address						
Emergency Contact Name						
Emergency Contact No				Mobile No		
T-Shirt Required (Y/N)			Running Vest Required (Y/N)			
Size (please select)	CHILD	S	M	L	XL	XXL
Where did you hear about us?						

* We may use this number to contact you on the day of the event, so it should, wherever possible, be the number of the phone that you will be carrying on the day.

I shall be doing	Walk	Run	
The Full Route			27 miles
The Northern Route			16 miles
The Southern Route			7 miles

Please complete this form and send it to HBCT at: 12 Hazelbank Close, Liphook, Hants, GU30 7BY, paying your entry fee of £20 either by cheque, made payable to Hammer Bottom Charitable Trust, or by direct transfer to the following account:

Bank Sort Code: 20-31-06 Bank Account Number: 23491056 Bank Account Name: Hammer Bottom Charitable Trust

WHEN PAYING BY DIRECT TRANSFER, PLEASE ENSURE THAT YOUR NAME(S) IS ENTERED CLEARLY IN THE REFERENCE FIELD.

Closing date for entries is 15th August 2015.

Signed

Dated

Notice for Participants

Please note that participants in the Hammer Bottom Hike to be held on 5th September 2015 require a reasonable level of fitness, depending on your pace and the distance you plan to travel on the Event. If you are unsure of your physical condition or have any doubts about your health, you should check with your GP before attempting the Event. Please ensure that you wear appropriate footwear and clothing for the Event and remember that the weather may change rapidly, even in summer: it may be wise to bring suitable clothing to cater for wet or cold weather. Whilst we will provide refreshment stops en route, mark it with signage and post guides at various points, all participants must take reasonable care for their own safety and for the safety of any children in their party. We accept no liability whatsoever for any personal injury, loss or damage (including any damage to property) howsoever caused, including negligent acts and omissions. Those participating in the Hammer Bottom Hike do so entirely at their own risk.

The Hammer Bottom Hike is organised by the Hammer Bottom Charitable Trust (Reg. Nbr 1129344).

